

"What Kind of Quitter Are You?"

ASSESSMENT

CIRCLE THE ANSWER THAT BEST DESCRIBES YOU.

Question 1: The last time I gave up on something I:

- a. Realized it was beyond my capacity.
- b. Gave it a go but it just didn't work out.
- c. I don't remember the last time I gave up on anything.
- d. I gave it everything I had but it just didn't work out.

Question 2: I often feel like quitting something when:

- a. It appears to be something that's too hard.
- b. I've tried but I don't see much success.
- c. I take on too much and don't have time to complete my commitment.
- d. I feel like no one is supporting me.

Question 3: I am great at completing:

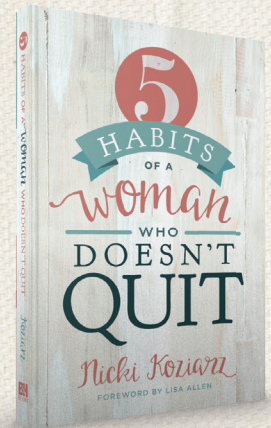
- a. Things that comes natural to me.
- b. Easy tasks.
- c. Things I enjoy doing.
- d. Things other people ask me to do.

Question 4: The biggest struggle I'm facing today is:

- a. Accepting the hard places I need to walk through.
- b. A difficult relationship.
- c. Believing I have what it takes to accomplish my dreams.
- d. Finding the determination to keep going.

Question 5: The last time I resigned from a job or position it was because:

- a. I didn't think I was what the team or organization needed.
- b. I realized it wasn't something I was interested in.
- c. Something better came along.
- d. I was fed up.



Question 6: One of my strengths is:

- a. Knowing what I'm good at.
- b. I try new things.
- c. Believing the best in people.
- d. Working hard.

Question 7: One of my weaknesses is:

- a. Thinking I don't have what it takes.
- b. Not thinking things all the way through.
- c. Seeing things with a wrong perspective.
- d. Not seeing things through until the end.

Question 8: The type of people I like to be around the most are:

- a. People who have accomplished something I want to accomplish.
- b. People who have lots of fun.
- c. People who think like I do.
- d. People who have a lot of strength.

Question 9: When I have free time I:

- a. Watch TV/Browse the internet
- b. Look for something new to be involved with.
- c. I'm so busy I don't have free time.
- d. Work on a goal.

Question 10: When I look at a hard situation, the first thing I do is:

- a. Assess the situation.
- b. Find someone who has a solution.
- c. Take a deep breath and tell myself I'll focus on it later.
- d. Get started working on a solution.

Add up your:

A's	<input type="text"/>
B's	<input type="text"/>
C's	<input type="text"/>
D's	<input type="text"/>

RESULTS



If you had mostly A's, you are probably a **Quiet Quitter**.

This means you often think about trying new things or stepping out but there's always something holding you back. You want to be a woman who has the courage to follow all the way through with God but it's hard for you.

The habits that might challenge you the most are: **#1 and #5**

If you had mostly B's, you are a most likely an **Early Quitter**.

You love to try new things! You are excited about opportunities but you often find yourself overwhelmed after saying yes to something. You are likely to give up on something very soon after you start it.

The habits that might challenge you the most are: **#2 and #4**

If you had mostly C's, you are likely to be a **Blind-Sided Quitter**.

You'll continue to struggle with pressing on when it feels like you've given it all you've got. You take on a lot of tasks because you are eager to love and serve others. But you often find yourself sitting in a place of feeling overwhelmed and not even realizing it until it's too late.

The habits that might challenge you the most are: **#1 and #2**

If you had mostly D's, you are likely to be a **Disappointed Quitter**.

You try so hard. You have tried many, many times but continue to find yourself in the cycle of defeat. The biggest struggle you'll continue to face is being willing to keep going even when you've given it all you feel like you've got.

The habits that might challenge you the most are: **#1 and #3**